

Rosslyn Children's Center

Lotion/Ointment Guidelines

According to both State and County regulations we can apply topical non-prescription lotions and creams without having a prescription form on the bottle/tube/jar. We do, however, need the permission form at the bottom of this sheet out completed by you as part of your child's file. Please label any container that you bring in with a your child's name. Each classroom has special stickers you can use to label your child's lotions or ointments. Please do not bring in glass containers.

As a general rule we prefer not to use any baby powder on a child's bottom. It tends to cause "caking" as it combines with the moisture in that area and this can cause a rash. We shall use it if specifically directed and suggest the use of one with cornstarch. We do believe that a judicious use of Desitin or Balmex with a layer of Vaseline over it can help most minor diaper and heat rashes. More severe ones, such as those caused by an inability to process sugars (even the natural ones found in milk and fruits) may require more rigorous attention and a prescription medication.

We think it very important that all our children use a children formulated sunscreen during the summer months when they are outside on the playground, in the water and on field trips. Children should be protected against sunburn to preclude both immediate pain and future skin problems such as melanomas.

Our standard treatment for scrapes and minor cuts is to wash area with soap and water, then apply Neosporin, Triple Antibiotic Ointment or Hydrogen-peroxide. For insect bites or stings we keep ammonia, baking powder, and calamine lotion on hand. Please note your preference(s).

Child's Name: _____ **Date:** _____

To the Parent(s), please initial below the applicable statement and, if you elect to have a topical applied, fill in the appropriate blank with the name.

Diaper Rash:

Please apply the following diaper rash preparation when there is obvious redness:

_____;

_____ (Parent Initials)

Please do not apply any diaper rash preparation to my child.

_____ (Parent Initials)

Sunscreen:

Please apply the following sunscreen to the exposed areas of my child's skin prior to their going outside:

_____.

_____ (Parent Initials)

Please do not apply any sunscreen to my child.

_____ (Parent Initials)

Minor Abrasions:

Please use Neosporin or hydrogen peroxide on any minor scrapes or cuts:

_____ (Parent Initials)

Please do not apply any topical antibiotic cream.

_____ (Parent Initials)

Insect Bites:

Please apply the following insect bite preparation to any insect bite on my child's skin if such a bite occurs at The Center: _____;

_____ (Parent Initials)

Please do not apply any insect bite preparation to my child.

_____ (Parent Initials)

Any Other Lotion:

Please apply the following, _____, if/when _____ to my child's skin or gums.

_____ (Parent Initials)

Please do not apply any topical lotion or cream to my child, unless noted on a Blue Medication form and the teacher is given a prescription medication

_____ (Parent Initials)